

# Super Sprint - Male

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:00:00	576	Russ	Gibbons	Male	26	E		Super Sprint -	00:04:03	00:00:43	00:17:20	00:00:36	00:09:37	00:32:19
2	12:00:00	551	Richard	Mallinson	Male	35	G		Super Sprint -	00:04:57	00:01:08	00:18:48	00:00:40	00:11:03	00:36:36
3	12:00:00	552	Jake	Fisher	Male	15	A	Derby	Super Sprint -	00:03:58	00:00:42	00:22:24	00:00:39	00:09:59	00:37:42
4	12:00:00	538	Nigel	Cresswell	Male	41	H	Solihull	Super Sprint -	00:04:19	00:01:34	00:19:15	00:00:52	00:12:29	00:38:29
5	12:00:00	539	stephen	amsden	Male	47	I	Sutton Coldfield	Super Sprint -	00:06:19	00:01:47	00:20:00	00:00:37	00:10:49	00:39:32
6	12:00:00	553	Kieran	Conaty	Male	49	I		Super Sprint -	00:05:51	00:02:00	00:20:23	00:01:11	00:13:28	00:42:53
7	12:00:00	546	Neil	Mackay	Male	47	I	Most wanted	Super Sprint -	00:09:14	00:00:00	00:20:37	00:01:33	00:11:59	00:43:23
8	12:00:00	547	Lee	Cupples	Male	35	G		Super Sprint -	00:06:47	00:02:21	00:21:00	00:01:18	00:12:37	00:44:03
9	12:00:00	541	Adrian	Kinsella	Male	57	K	birmingham	Super Sprint -	00:08:49	00:01:24	00:21:21	00:00:58	00:12:42	00:45:14
10	12:00:00	99	Kamaljit	Singh Sahota	Male	44	H	Halesowen	Super Sprint -	00:09:13	00:00:00	00:26:08	00:01:32	00:13:13	00:50:06
11	12:00:00	543	Paul	Hurrell	Male	46	I	Cirencester	Super Sprint -	00:09:03	00:01:51	00:24:17	00:01:41	00:18:34	00:55:26
12	12:00:00	545	Adrian	Jones	Male	45	I	Longdon	Super Sprint -	00:10:10	00:00:00	00:33:27	00:00:00	00:14:24	00:58:01
13	12:00:00	550	Alex	Francis	Male	22	C	Wolverhampton	Super Sprint -	00:12:46	00:03:44	00:26:56	00:01:22	00:16:27	01:01:15
14	12:00:00	537	Matthew	While	Male	29	E	London	Super Sprint -	00:06:54	00:02:09	00:37:44	00:01:24	00:13:43	01:01:54
15	12:00:00	540	Rafi	Arif	Male	50	J	Birmingham	Super Sprint -	00:11:03	00:33:57	00:02:20	00:00:00	00:19:24	01:06:44
16	12:00:00	549	Brian	Chapman	Male	70	N	Sutton Coldfield	Super Sprint -	00:09:23	00:06:04	00:31:28	00:04:23	00:22:07	01:13:25