

Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:00:00	577	steph	spencer	Female	44	H	bepler Ten Twenty	Super Sprint -	00:05:14	00:01:14	00:20:01	00:00:55	00:10:04	00:37:28
2	12:00:00	575	Elaine	Sherwin	Female	46	I	Leamington Spa	Super Sprint -	00:06:18	00:01:13	00:20:26	00:00:46	00:11:19	00:40:02
3	12:00:00	569	Poppy	Jones	Female	14	A	Warriors	Super Sprint -	00:04:11	00:01:03	00:23:38	00:00:57	00:11:22	00:41:11
4	12:00:00	634	Jennifer	Moffat	Female	40	H		Super Sprint -	00:05:14	00:01:23	00:20:00	00:01:08	00:14:10	00:41:55
5	12:00:00	560	Dawn	Addison Moss	Female	52	J	Biddulph	Super Sprint -	00:05:38	00:01:28	00:20:50	00:01:07	00:13:06	00:42:09
6	12:00:00	563	Rachel	cook	Female	51	J	Sutton Coldfield	Super Sprint -	00:05:23	00:01:24	00:22:34	00:00:38	00:12:11	00:42:10
7	12:00:00	562	Frances	Chapman	Female			Kean	Super Sprint -	00:07:39	00:01:46	00:21:51	00:00:49	00:14:32	00:46:37
8	12:00:00	571	Sarah	Llewellyn	Female	46	I	Leicestershire	Super Sprint -	00:06:22	00:01:19	00:26:02	00:00:31	00:14:23	00:48:37
9	12:00:00	567	Theresa	Gitner	Female	53	J	Walsall	Super Sprint -	00:07:43	00:02:01	00:24:15	00:00:43	00:14:41	00:49:23
10	12:00:00	574	Helen	Pennock	Female	52	J	Stourbridge	Super Sprint -	00:07:17	00:02:04	00:23:57	00:01:21	00:14:49	00:49:28
11	12:00:00	643	Tamsin	Shaw	Female	45	I		Super Sprint -	00:06:43	00:01:28	00:26:20	00:01:08	00:14:27	00:50:06
12	12:00:00	580	Ann	Pollard	Female			Burton on Trent	Super Sprint -	00:07:19	00:01:52	00:24:00	00:01:15	00:16:16	00:50:42
13	12:00:00	581	Pauline	Brown	Female	57	K	Cancer Research UK	Super Sprint -	00:08:58	00:03:05	00:25:02	00:01:14	00:16:01	00:54:20
14	12:00:00	565	Lucy	Drake	Female	46	I	Sutton Coldfield	Super Sprint -	00:07:59	00:03:40	00:28:44	00:00:59	00:13:33	00:54:55
15	12:00:00	572	Emily	Neuenhaus	Female	24	C	John Taylor Hospice	Super Sprint -	00:08:19	00:02:22	00:28:14	00:19:03	00:02:38	00:55:20
16	12:00:00	576	Jaymie	Sinar	Female	38	G	Cancer Research UK	Super Sprint -	00:06:21	00:02:08	00:27:34	00:00:56	00:18:26	00:55:25
17	12:00:00	566	Angie	Francis	Female	54	J	Kean	Super Sprint -	00:07:54	00:02:10	00:27:55	00:00:45	00:17:29	00:56:13
18	12:00:00	568	ALEX	HUNTER	Female	33	F	SUTTON COLDFIE	Super Sprint -	00:05:30	00:03:09	00:29:37	00:01:03	00:18:51	00:58:10
19	12:00:00	579	Amy	Watts	Female	39	G	Leicestershire	Super Sprint -	00:08:34	00:02:56	00:32:31	00:01:37	00:16:03	01:01:41
20	12:00:00	573	Clare	Overton Lewis	Female	45	I	Birmingham	Super Sprint -	00:13:04	00:05:50	00:34:28	00:01:51	00:20:55	01:16:08
21	12:00:00	561	Claire	Arnold	Female	42	H	Oswestry	Super Sprint -	00:09:20	00:05:55	00:42:27	00:01:19	00:25:10	01:24:11